**देहिनोऽस्मिन् यथा देहे कौमारं यौवनं जरा ।**
**तथा देहान्तरप्राप्तिर्धीरस्तत्र न मुह्यति ॥**

As the embodied soul continuously passes,
in this body, from boyhood to youth to old age,
the soul similarly passes into another body at death.

*Lord Krishna to Arjuna in Bhagvad-gita*